



Big, Bigger, Biggest, The 2008 Beijing Olympics

By Jeffrey Endler

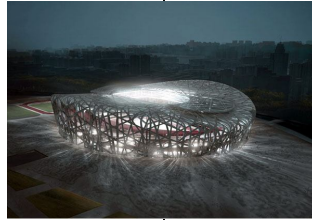
There are many big sporting events around the world, such as the Super Bowl, the FIFA World Cup and the Tour de France. But these events are NOTHING compared to the 2008 Beijing Summer Olympics!

For starters, the Birds Nest (now known as China's National Stadium), cost over \$423 million in U.S dollars to build. It is also the world's biggest steel structure which was made from 110,000 tons of steel. Equally impressive is the capacity of the Bird's Nest: 91,000 people.

In and around the Birds Nest, during the summer games, there were 10,500 ath-



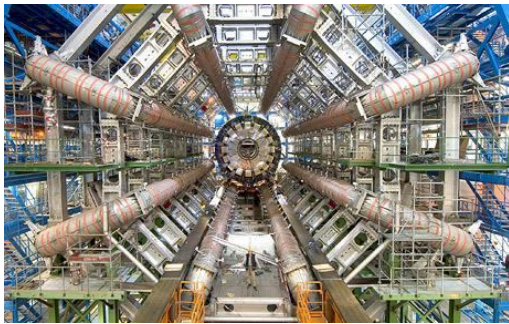
letes who competed in 28 sports and 302 events. Forty three world records were broken and 132 Olympic records were broken. The largest number of gold medals was awarded to China with 51; they also won 21 silver and 28 bronze medals. Though the U.S. only had 36 gold medals, they had 38 silver and 36 bronze medals.



But the biggest number of them all is the 4.7 billion people around the world who watched the 2008 Beijing Olympics on television. There were so many athletes that came from all over the world to try to get maybe just even 1 medal from what many people say was the best Olympics ever!

Big bang - The atom smasher

By: Isabella Phayre-Gonzalez



Scientists involved in a historic "Big Bang" experiment hope it will turn up many surprises about the origins of the universe. Many believe, however, that the project will bring the end of the world.

You might know that scientists have been trying to figure out how the big bang was created. Well, on September 9th, 2008, they started a tube (large hadron collider) that is 46 meters long, which uses 10 trillion watts to power it!(a watt is a joule of energy per second).

Scientists from European Organization for Nuclear Research (CERN) plan is to smash particle beams together at close to the speed of light inside CERN's airtight Large Hadron Collider to create multiple mini-versions of the Big Bang. Did you know that it would take the hadron collider only 3 minutes to warm up a pizza?

According to reuters.com "There have been claims that it will create "black holes" of intense gravity sucking in CERN, Europe and perhaps the whole planet, or that it will open the way for beings from another universe to invade through a "worm hole" in space-time."

But a safety review by scientists at CERN and in the United States and Russia, issued at the weekend, abandoned the prospect of such outcomes.

They stopped for 6 months and will return again; to create the big bang!



Go Green Page



World Problems and Global Warming

World problems are affecting our everyday life. Here are some ideas to help clean up the environment:

- Some reports say that if things don't change, your kids may never see a polar bear because of the pollution.
- Did you know every 2.9 seconds a child dies from sickness from water or hunger? That's 30,000 children every day!
- Less plastic can save money. **Recycle.**
- Using less paper can conserve trees, which means more oxygen.
- Don't Litter.
- Donate clothing, toys, etc. to local shelters for the unfortunate.
- Our school raised **\$767** for OXFAM (OXFAM is a organization to help poor people)
- Smoking isn't cool and is not healthy for you.
- No drugs, no chewing tobacco.

Let's get rid of pollution!

Vegetarianism

By: Mairin Kelly



Vegetarianism is the practice of a diet that excludes meat. Being a vegetarian is harder than you may think. It's not just saying: "I'm going to be a vegetarian," you have to stick with it. You should probably start by reading a book on vegetarianism, to start, and take note of what that says.

If being a strict vegetarian seems too severe, you may want to just eat white meat; chicken, turkey, fish and some people consider pork.

A vegan diet is a form of vegetarianism which eliminates all animal products from the diet, such as meat, poultry, fish, dairy products, eggs and honey. Strict veganism also excludes the use of animal products such as wool, silk, leather and fur for apparel and decoration, even though some of these do not directly involve the death or slaughter of an animal.

A generic term for both vegetarianism and veganism, as well as for similar diets, is "plant-based diets." So, if you think you can keep doing these things everyday, you might want to try to be a vegetarian.

Here are a few facts about being vegetarian:

1. You are making a cow very, very happy.
2. You are being healthier.
3. You have less a risk of heart attack.

Here are some recipes you might want to try:

Vegan Peanut Butter Fudge

- 2 cups of packed brown sugar
- 1/8 teaspoon salt
- 3/4 cup soy milk
- 2 tablespoons light corn syrup
- 4 tablespoons peanut butter
- 1 teaspoon vanilla extract

Directions

Lightly grease a 9x5x2 inch pan.

In a quart pot, over very low heat, mix together the brown sugar, salt, soy milk, corn syrup, peanut butter, and vanilla, cook until hot and brown sugar is dissolved.

Quickly pour into pan and refrigerate, after refrigerated cut into squares and store in a semi airtight container in refrigerator.

This recipe was made by: Jessica Spuhler.

Unsalted Pretzels

Unsalted pretzels taste good; they're healthy for you to! If you think they taste bland try dipping them in some peanut butter. They also don't have the EXTRA sodium that salted pretzels DO have so it helps you be healthier. That's one of the many reasons I love them.

A Brief History of Halloween

By: Téa Mottolese

Maybe you like to dress up or trick-or treat or even just like the candy or decorations. You may be out one night trick-or-treating and you may be wondering; Why do we have Halloween? When did the tradition start? Why do we dress up?

The Halloween tradition dates back 2,000 years ago when the Celts lived. The celebration of Samhain (pronounced sow-in) is on November 1st. November 1st was their new year and on the night before their new year (October 31st) they thought the spirits might come back from the dead only on this night. They would cause trouble. Celts thought the ghosts causing trouble would help the Celtic priests or Druids predict what would happen in the future. The Celts believe that when they dressed up they would encounter ghosts and the only way to not be recognized by them is to dress up like fellow ghosts. Then they would think that you were a ghost. The Druids also built sacred bonfires and people gathered around to burn dead animals and crops for sacrifices. They wore costumes made of animal skins. Then when every one went home they re-lit their fires from the bon-fire believing that it would protect them during the coming winter.

Hollow's Eve is still known for its mischief and that's why England knows it by mischief night. The children used to and still do go and knock on doors asking for a treat. In ancient times the Celts used to leave food outside their doors to prevent the ghouls from coming in. This is how Halloween came to be.

History of Halloween facts provided by: <http://www.history.com/minisites/halloween/viewPage?pageId=713>

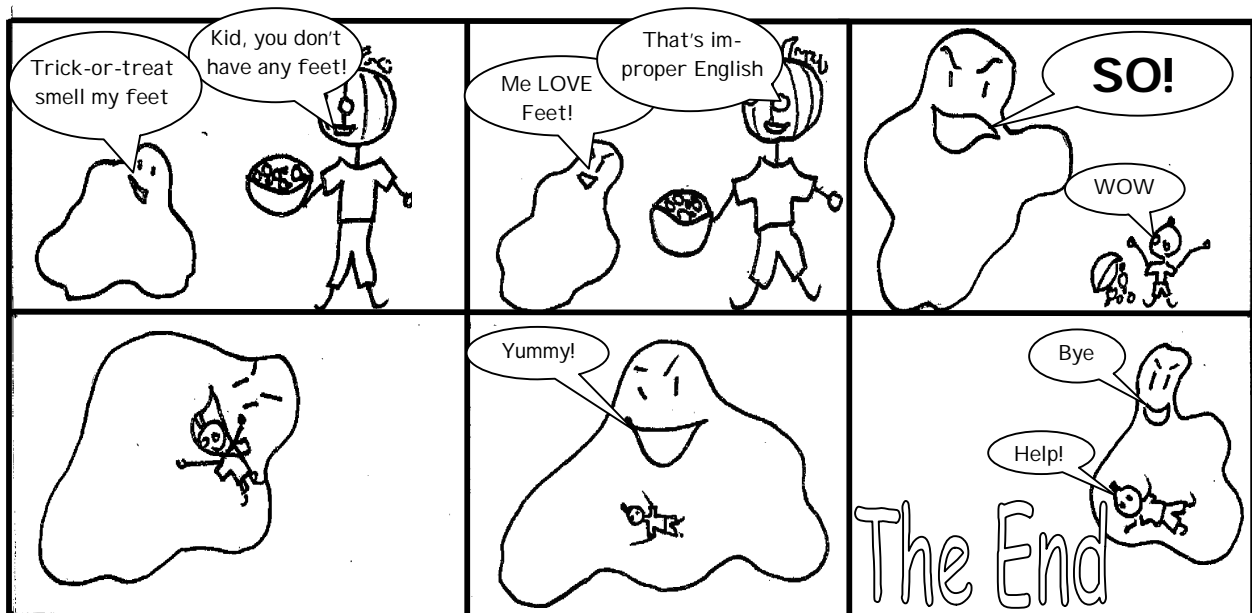
PUZZLE OF THE DAY

WORD SEARCH

Find these hidden words

Costumes	Ghosts
Candy	Pumpkin
Witch	Skeleton
Spooky	Boo

Solution on page 4



Lucas McBeth and Aiden Day

WHMSTimes
a student newspaper

Editor
Brandon Zhou

Production Manager
Erik Saulnier

Chief Photographer
Jonathan Crowell

Photo Editor
Erik Saulnier

Photographers
Isabella Phayre-Gonzalez
Rebecca Carlson-Lee
Tori Gernert-Dott
Jonathan Crowell
Erik Saulnier

Columnists
Jeffrey Endler
Erik Saulnier

Reporters/Features
Isabella Phayre-Gonzalez
Rebecca Carlson-Lee
Tori Gernert-Dott
Jonathan Crowell
Lucas McBath
Brandon Zhou
Téa Mottolose
Jeffrey Endler
Molly Jacobs
Erik Saulnier
Julie Ehrlich
Marin Kelly
Aiden Day

Puzzler
Rebecca Carlson-Lee
Tori Gernert-Dott
Julie Ehrlich

Cartoonists
Lucas McBath
Aiden Day

Email the staff of the
WHMSTimes at
whmstimes@gmail.com or by
leaving a note in the main
office.

Upper EL Trip to the Bronx Zoo



One of the many big fish at the Bronx Zoo.



A monkey hanging out.



Bianca (6th Grade), Ariana (4th Grade), and Molly (6th Grade), and having fun at the Bronx Zoo.

No Strings Attached

By: *Tori Gernert-Dott*



Tori as Jiminy Cricket

This summer I went to a musical theater camp run by our music teacher, Christina! It was a very fun camp and I met lots of new kids! After a few weeks, we were told that we were doing a play called *No Strings Attached*, an adaptation of *Pinocchio*. I was cast in two roles; Jiminy Cricket and a townspeople. We worked hard, rehearsing for weeks. Songs were perfected, lines memorized, Choreography added, costumes found (or made, in my case), friends and family invited. We even received T-shirts! Then, on the night of the play we gave it our all, and it was great! After our curtain call, we went to the lobby for some yummy treats! I am truly happy

Christina asked me to do this and I'm definitely going back next year!

Technotalk

By: *Erik Saulnier*

Today's question:

Q: Hi, I was wondering what microchips are?

A: Microchips are what make things work. For example they are what make a computers and TVs run. So basically they make everything electronic run.

Email me your questions about any tech or video game stuff and I will answer them in the newspaper. You do not have to tell me your name. My email is:
technotalk.ask@gmail.com

Scary but it's sweet
People all over the street.
It is HALLOWEEN!

Rebecca Carlson-Lee

This Week's Word Search Solution

S	L	S	O	H	G	+	+
E	K	+	O	+	+	S	N
M	+	E	B	+	P	+	I
U	+	+	T	O	H	+	K
L	+	+	O	E	C	+	P
S	+	K	+	+	L	+	M
O	A	+	+	+	I	O	U
C	V	N	D	A	M	+	N